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## Competitive Practicum Posting

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**Toronto Centre for Emotional Health – Private Practice**  
**Field Instructor/s: Niknaz (Niki) Soghrati, MEd, MSW, RSW**  
**Susanna Damiani di Vergada, MSW, RSW**  
**Practicum II – September 2024 – April 2025**

The Toronto Centre for Emotional Health (TCEH) is a private clinic managed and designed by social workers to promote healing and growth for individuals, couples and families. We are an expanding clinic, providing services using Emotion(ally)-Focused Therapy, Acceptance and Commitment Therapy and Cognitive Behavioural Therapy, among other modalities. Our client population is diverse, we see and support children (5 years and up), teens, adults, and systems (couples and families). This practicum experience is appropriate for students in the Mental Health and Health and Children and their Families fields of study.

We are currently offering one (1) practicum II position with a mix of direct and indirect client work within a private practice setting. The position offers opportunities for both in-person and remote work as appropriate. Practicum II will start in September 2024 and will continue throughout the Fall and Winter semesters of year 2.

Students must be familiar with the use of computers and software such as Microsoft Office and email. Students would also benefit from having access to a quiet, private space (in accordance with PHIPA regulations) from which virtual therapy could be conducted. However, we do have office space available for students who would rather work with us directly. Our offices are located at 720 Spadina Avenue (5<sup>th</sup> floor) in Toronto (a 10-minute walk from the faculty)

### **Specific requirements for the placement:**

- Police Reference/Vulnerable Sector Check
- Comfort working with the population being served
- Comprehensive report writing and documentation
- Possible evening attendance
- Indirect and/or remote component of practicum can be scheduled by the student in collaboration with their Field Instructor according to their needs
- Interest in self-inquiry and self-exploration
- Previous experience providing counselling, therapy, or psychotherapy an asset

### **Direct Service Delivery/Interventions/Working with Recipients of Service:**

- Conduct intake/needs assessments
- Provide resource and referral information
- Develop and implement individual, family, or group interventions - assessment, implementation and evaluation of interventions
- Counsel (individuals, families, couples) – in-person or virtually
- Apply best practices as outlined by the organization

**Interprofessional collaboration:**

- Attend staff/administrative meetings
- Collaborate on organization's projects
- Develop, promote, plan and/or (co)facilitate educational groups or workshops

**Indirect Service Delivery:**

- Evaluate social work interventions
- Prepare and maintain case notes, reports, statistics which meet the organization's accountability guidelines
- Prepare draft policy/program/grant proposals
- Contribute to research and other organizational initiatives
- Develop skills in cross-cultural/spiritual competence
- Develop, plan and implement prevention activities and programs
- Other
- Shadow clinicians and participate in the development of the clinic's growth plan

**Accessibility Considerations:**

- Students will have access to a private space for notes or computer notes as appropriate
- Breaks are available between client sessions
- The practicum is medium-paced
- There is medium noise level in the practicum
- The site is not wheelchair accessible
- The practicum does not have physical demands
- At this time, there are no other accessibility considerations that potential applicants with disabilities should be aware of. However, applicants are encouraged to discuss their accessibility with their Field Instructor

**If you are interested in this practicum, please send a cover letter and resume to [alexi.sparaggis@utoronto.ca](mailto:alexi.sparaggis@utoronto.ca) by 4pm on May 1, 2024. Applications will be forwarded on to the site.**