

UHN Toronto Western Hospital - Centre for Depression**Year 2 Practicum****September 2024-April 2025**

The Poul Hansen Family Centre for Depression is UHN's centre specializing in depression and mood disorders treatment. This Centre includes the rTMS (Repetitive Transcranial Magnetic Stimulation) service, the Mood Disorders Psychopharmacology service and the Psychotherapy team. Our aim is for those with depression or mood disorders to be treated directly within the walls of our clinic, to ensure patients aren't required to travel elsewhere in the hospital or to our other sites for their depression appointments or services.

This placement will be primarily with the Psychotherapy team at the Depression Centre and you will get a chance to provide both individual and group counselling, develop and evaluate programs and assist patients to navigate the mental health and addictions sectors. This placement requires students to have previous experience providing individual and/or group psychotherapy. There will be a mix of direct and indirect work.

Requirements:

- Immunizations for PHA settings
- N95 Respirator/Mask Fitting
- Influenza Vaccination (Flu shot)
- Vulnerable Sector Check
- Comfort working with the population being served
- Report writing and documentation
- This program is very therapy based and the field instructors do expect students to have some experience, while also understanding they are a learner.
- Students placed at UHN sites must attend a mandatory online Orientation session on in September 2024 via MS Teams; exact date to be confirmed.

This practicum is suited for students in Social Justice and Diversity and Mental Health and Health fields.

This practicum will be a mix of in-person and remote. Students are required to have their own private space to adhere to privacy and confidentiality standards when providing virtual care;

students will require their own computer with video capabilities and headset for this placement; placements can be put on pause at any time due to the pandemic.

Accessibility Considerations:

- Will the student have access to a private space for notes or computer use? Yes
- Are there breaks between clients/patients/meetings? Often, but sometimes there are back-to-back appointments.
- Is the practicum considered fast-paced? Yes
- Is there a high noise level in the practicum? No
- Is the site wheelchair accessible? Yes
- What are the physical demands of the practicum? Sitting in front of a computer for an extended period of time (ex. Treatment groups are 2 hours long)
- Are there any other accessibility considerations that potential applicants with disabilities should be aware of? None

Students registered with University of Toronto Accessibility Services may receive appropriate accommodations for practicum settings. To register:

<https://studentlife.utoronto.ca/departments/accessibility-services/> or call 416-978-8060

If you are interested in this practicum, please send a resume to miri.ben.dat@utoronto.ca by 4 pm on April 3, 2024. Applications will be forwarded on to the site.