



**Toronto Metropolitan University, Center For Student Development and Counselling**

**350 Victoria St., Toronto, Ontario, M5B 2K3**

Year 2 Practicum

September 2024 – April 2025

**Please provide a description of the practicum site and student activities:**

The Center for Student Development and Counselling (CSDC) at Toronto Metropolitan University is a multi-disciplinary team of social workers, psychotherapists and psychologists who provide comprehensive individual and group therapy for a diverse population of university aged students. We work from a person-centered, anti-oppressive and trauma-informed lens, and emphasize the social determinants of health in our conceptualization of clinical practice. Interns are invited to explore the intersection of individual, community and systemic factors that contribute to mental health concerns.

The intern will be expected to provide individual therapy including single session, case management/resourcing, brief therapy, crisis response and ongoing psychotherapy. Our clientele displays a varying range of complexity (e.g. depression, anxiety, trauma, relationship concerns, family stressors, systemic oppression, and crises). The intern may also co-facilitate group therapy interventions depending on learning goals identified by intern and supervisor.

In addition, interns will meet for a didactic and experiential weekly training series over 8 months as part of this practicum. During this series, interns will learn and practice skills from various therapeutic modalities (e.g., brief therapy, Motivational Interviewing (MI), Cognitive Behavioural Therapy (CBT), Accelerated Experiential Dynamic Psychotherapy (AEDP), and Emotion Focused Therapy (EFT)).

For more information about this placement, please [click here](#).

**Practicum Requirements:** Police Reference/Vulnerable Sector Check

**This practicum is suitable for students in the following field of study:** Mental Health and Health

**Does your practicum require any previous experience?**

Experience in assessment, resource matching, brief/short-term therapy and suicide risk assessment is an asset.

**Please indicate whether this practicum will be in-person, remote or hybrid.**

Hybrid (minimum 60% onsite presence required)

Working hours are 9am-5pm

**Please indicate whether this practicum will involve direct work or a mix of direct and indirect.**

Direct

**Field Instructors name and credentials:**

Payal Bhole, MSW and David McNeill, MSW

### **Accessibility Considerations:**

- Will the student have access to a private space for notes or computer use? Yes. On days that students are on site, they will have access to a private office space within the counselling centre. Due to the hybrid nature of the role, students will be required to have their own computer.
- Are there breaks between clients/patients/meetings? Yes
- Is the practicum considered fast-paced? Medium
- Is there a high noise level in the practicum? Low
- Is the site wheelchair accessible? Yes
- What are the physical demands of the practicum? General office work (sitting for large periods of time, long time on screens etc.). May occasionally require travel between buildings on campus within walking distance.
- Are there any other accessibility considerations that potential applicants with disabilities should be aware of? Interns will be documenting in the electronic medical record regularly and will conduct virtual appointments in addition to in person appointments, so long periods of screen time are expected.

Students registered with University of Toronto Accessibility Services may receive appropriate accommodations for practicum settings. To register: <https://studentlife.utoronto.ca/departments/accessibility-services/> or call 416-978-8060

If you are interested in this practicum, please apply using the [online application form](#) by March 21, 2024, and include a cover letter and resume as one PDF document with the following filename: **LASTNAME\_FIRSTNAME\_2024\_MSW\_Application**.

If you have questions about the TMU MSW Practicum placement, please email [csdcpracticum@torontomu.ca](mailto:csdcpracticum@torontomu.ca).