

Student Success and Wellness Counsellor**Osgoode Hall Law School**

Year 2 Practicum

September 2024-April 2025

Please provide a description of the practicum site and student activities:

Populations Served: Law School Students, Adults aged 21+. Counselling provided in English only. Individual counselling. Diverse student body including: Black, racialized, Indigenous, mature students, international students, students with disabilities, first generation students Areas of Focus: Academic performance issues- high pressure, competitive culture; challenges navigating law school experience; mental health concerns: depression, anxiety, trauma, some moderate to severe mental illness; substance use issues; grief and loss; managing stress; trauma-informed practice; family life; discrimination/inequity; relationship/interpersonal issues; career and job prospect related concerns; adjustment and transitions; procrastination and motivation; isolation; imposter syndrome; self-care and wellness. Learning Opportunities: Counselling individual clients: conducting intakes and carrying ongoing client caseload within a brief service model Participation in planning and facilitation of Wellness related events and activities in the law school Participation in weekly peer group case consultation meetings with other counselling practicum students/ Interns in placements across York U Attendance at biweekly practicum student seminars on variety of counselling related topics delivered by various counsellors from across the university setting Primary Models of Care drawn from: Short-term, brief individual counselling Primary emphasis on Cognitive Behavioural Therapy (CBT) and CBT skills Additional modalities drawn from: Dialectical Behaviour Therapy Motivational Interviewing Crisis Intervention Acceptance and Commitment Therapy Trauma-informed care Mindfulness based interventions ,Crisis intervention, Solution-focused

Practicum Requirements. Click on all the boxes that apply.

- ☒ Police Reference/Vulnerable Sector Check
- ☒ Comprehensive report writing and documentation

Other requirements:

Previous clinical experience is required. There is a required orientation training week (offered hybrid) for this practicum that is co-ordinated through York University's central counselling office - Student Counselling, Health and Wellbeing. The exact dates for orientation week have yet to be determined - but will occur during the week before Labour Day (offered remotely). Osgoode placement intern would likely need to attend only 3 days of the sessions offered in that orientation week (TBD) - pending the finalization of the schedule of sessions. These hours would be credited to the student's total practicum hours.

Fields(s) of this Practicum:

- ☒ Mental Health and Health

Does your practicum require any previous experience? If yes, please specify.

This is an advance level placement.

Please indicate whether this practicum will be in-person, remote or hybrid.

Hybrid

Please indicate whether this practicum will involve direct work or a mix of direct and indirect.

Direct

Number of practicums offered?

1

Field Instructor(s') name and credentials:

Elizabeth Stephen MSW, RSW

Do you require a resume? Or resume and cover letter?

Resume and Cover Letter

Accessibility Considerations:

- Will the student have access to a private space for notes or computer use? Yes
- Are there breaks between clients/patients/meetings? Yes
- Is the practicum considered fast-paced? Fast
- Is there a high noise level in the practicum? Medium
- Is the site wheelchair accessible? Yes
- What are the physical demands of the practicum?
- Are there any other accessibility considerations that potential applicants with disabilities should be aware of?
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Students registered with University of Toronto Accessibility Services may receive appropriate accommodations for practicum settings. To register: <https://studentlife.utoronto.ca/departments/accessibility-services/> or call 416-978-8060

If you are interested in this practicum, please send a cover letter and resume to miri.ben.dat@utoronto.ca by 4 pm March 21st, 2024. Applications will be forwarded on to the site.