



# Scarborough Health Network, Children's Mental Health Centenary Site: 2877 Ellesmere Rd, Scarborough, ON M1E 4B9

Year 2 Practicum September 2024 – April 2025

## **Practicum Description**

Department: Shoniker Clinic – First Episode Psychosis Program (FITT team)

The FITT program is part of the Children's Mental Health program. We service individuals 14 - 35 years of age who have experienced a first episode of psychosis. We offer counseling, case management, and groups. The model of work is within a multidisciplinary team. The role is primarily in hospital but occasionally there is community work. Even though the focus is on the experience of a first episode of psychosis, we often work with individuals who may have symptoms of depression, anxiety, and Trauma. We assist participants who are trying to manage their addiction(s) or legal concerns as well. The FITT team is an outpatient program, however, we do some inpatient work as well.

### **Practicum Requirements**

- Immunizations per PHA Guidelines
- N95 Respirator/Mask Fitting
- Police Reference/Vulnerable Sector Check
- Use of Own Car
- Travel by public transportation between home visits, or satellite offices, or community meetings, etc.
- Comfort working with the population being served
- Comprehensive report writing and documentation
- Evening attendance
- Weekend attendance
- Other requirements: A car is helpful but not necessary

Fields(s) of this Practicum: Children and their Families, and Mental Health and Health

Does your practicum require any previous experience? If yes, please specify.

Yes, we do require previous experience in working with children and their families who are navigating treatments in mental health and health.

#### Please indicate whether this practicum will be in-person, remote or hybrid.

Hybrid. Most of the work is in-person for counselling, case management and groups. Sometimes we do virtual work. The work can be at Centenary, Birchmount or the General sites for Scarborough Health Network. Shifts are mostly scheduled for weekdays during the day. Occasionally we work a weekend or an evening.

Please indicate whether this practicum will involve direct work or a mix of direct and indirect. Direct

Number of practicums offered? 1

Field Instructor(s') name and credentials: Stephanie McCall, MSW

## **Accessibility Considerations:**

- Will the student have access to a private space for notes or computer use? Yes
- Are there breaks between clients/patients/meetings? Yes
- Is the practicum considered fast-paced? Medium
- Is there a high noise level in the practicum? Medium
- Is the site wheelchair accessible? No
- What are the physical demands of the practicum? The physical demands in the practicum vary depending on the work being done. During 1:1 sessions there is a lot of sitting, in groups we sit, exercise and move around in activities and during our community group (Mood Walks) we go hiking.
- Are there any other accessibility considerations that potential applicants with disabilities should be aware of? The placement can be wheelchair accessible but it is not easy to get around. The building is old and doesn't have electronic door openers and the ramp to the outside is far to access. For any other accessibility considerations we can discuss this in more depth to see how accommodations can be made.

Students registered with University of Toronto Accessibility Services may receive appropriate accommodations for practicum settings. To register: <a href="https://studentlife.utoronto.ca/department/accessibility-services/">https://studentlife.utoronto.ca/department/accessibility-services/</a> or call 416-978-8060

If you are interested in this practicum, please send a cover letter and resume to <a href="miri.ben.dat@utoronto.ca">miri.ben.dat@utoronto.ca</a> by 4pm on April 4, 2024. Applications will be forwarded on to the site.