

Northumberland Hills Hospital  
Cobourg Ontario  
Year 2 Practicum  
September 2024-April 2025

**Please provide a description of the practicum site and student activities:**

We are a small community mental health office. Though part of the hospital we are located at a different site. Community Mental Health Services assist individuals who are experiencing mild to severe mental health concerns. Programming is geared to those 16 years and older. We have a partnership with Rebound Child and Youth Services who work with us on walk in days providing support to youth 7-16. The program provides treatment and support for individuals experiencing: depression and bipolar disorder; anxiety, phobias, panic disorders and traumatic stress; schizophrenia and other psychotic disorders; personality disorders; and mental health crisis. Counselling services are available for those coping with mild to moderate mental health issues. Self-referrals are accepted, as are referrals from family physicians, the Hospital and community agencies.

**Practicum Requirements:**

- Immunizations per PHA Guidelines
- N95 Respirator/Mask Fitting
- Covid Vaccinations
- Police Reference/Vulnerable Sector Check
- Comfort working with the population being served

**Fields(s) of this Practicum:**

Mental Health and Health

**Does your practicum require any previous experience? If yes, please specify.**

No, though it is important to note that it can be a very fast paced environment that can change at a moments notice.

**Please indicate whether this practicum will be in-person, remote or hybrid.**

In person

**Please indicate whether this practicum will involve direct work or a mix of direct and indirect.**

Direct work

**Field Instructor(s') name and credentials:**

Chantal Lelievre MSW, Rsw

**Accessibility Considerations:**

- Will the student have access to a private space for notes or computer use? Yes
- Are there breaks between clients/patients/meetings? Yes
- Is the practicum considered fast-paced? Medium
- Is there a high noise level in the practicum? Medium
- Is the site wheelchair accessible? Yes
- What are the physical demands of the practicum? Very few physical demands
- Are there any other accessibility considerations that potential applicants with disabilities should be aware of?  
NA

Students registered with University of Toronto Accessibility Services may receive appropriate accommodations for practicum settings. To register: <https://studentlife.utoronto.ca/departments/accessibility-services/> or call 416-978-8060

**If you are interested in this practicum, please send a cover letter and resume to [miri.ben.dat@utoronto.ca](mailto:miri.ben.dat@utoronto.ca) by 4 pm on March 20, 2024. Applications will be forwarded on to the site.**