



George Brown College, Counselling & Student Well-being department

Year 2 Practicum

September 2024- April 2025

Please provide a description of the practicum site and student activities:

George Brown College, located in the heart of Toronto, has become woven into the economic, cultural and social fabric of the city. It serves a broad, diverse and vibrant student body, which includes a large number of international students from many different countries. Students can pursue their career goals by choosing from a rich program mix of apprenticeship training, certificates, diplomas and degrees, within the fields of Construction and Engineering Technology, Hospitality and Tourism, Business and Financial Services, Creative Arts, Information Technology, Health Sciences and Community and Social Services.

The Counselling and Student Well-Being department provides a wide range of services to promote student success and wellness and its service delivery is based on the Stepped Care Model. Among other supports, individual and group counselling is available to address a wide range of personal and academic issues. We also offer specialized services for students who identify as Indigenous, as members of the 2SLGBTQ+ community, and/or for students who are struggling with disordered eating and body image issues. Both virtual and in-person appointments are offered, as requested by students. A brief therapy model integrating cognitive-behavioural strategies, solution-focused counselling, and narrative therapy are some of primary models most often used by our counsellors. We work from a trauma-informed, anti-oppressive and harm reduction approach. Practicum students have the opportunity to integrate theory into their work with student/clients. Our Counsellors also provide supportive, complementary service to students registered with Accessible Learning Services.

Practicum training experiences typically focus on individual counselling addressing a broad range of issues similar to those seen in the general population. They include adjusting to college life and/or to being away from home for the first time, stress management, anxiety, depression, exploration and management of eating disorders, grief support, assertive communication, establishing healthy relationships, addressing issues arising from domestic violence, gender and sexuality concerns, suicidal ideation, etc. Practicum students may also be provided with opportunities to co-facilitate groups and workshops based on the needs of the student population.

Weekly supervision with an assigned supervisor will be provided along with ad hoc case consultation with all professional staff and the Senior Manager of Counselling and Student Well-being. Practicum students are invited to attend and participate in regular staff meetings and peer consultations as well as in-house professional development opportunities.

Equity Statement

George Brown College is committed to creating and sustaining an equitable and inclusive learning and working environment. We encourage and actively seek applications from Indigenous, Black, racialized people, visible minorities, 2SLGBTQIA+ persons, all genders, and persons with disabilities.

Practicum Requirements:

Please select from the below requirements. Please add any additional requirements, if not listed.

- Vulnerable Sector Check
- Immunizations per PHA guidelines
- Covid Vaccinations

Please indicate whether this practicum will be in-person, remote or hybrid.

Hybrid

Please indicate whether this practicum will involve direct work, indirect work or both.

Both

Field of Study:

- Mental Health & Health

Number of placements offered by this practicum? 2

Field Instructor(s) name and credentials (BSW and/or MSW)

- Co-supervisors: Alan Choi, MSW RSW and Lara Lukaniuk, MSW RSW
- Co-supervisors: Natasha Bowman, MSW RSW and Genevieve Beaupre, RP

Do you require a resume? Or resume and cover letter?

Resume and cover letter

Accessibility Considerations:

- Will the student have access to a private space for notes or computer use? Yes
- Are there breaks between clients/patients/meetings? Yes. We typically have clinical follow-up time between sessions and can add more time if needed, depending on the student's experience and comfort level.
- Is the practicum considered fast-paced? We are flexible. Depending on the intern's experience and level of comfort, we can adjust as needed.
- Is there a high noise level in the practicum? Low. Counsellors work in individual offices with doors closed (when in session), which is most of the day. Therefore, our offices tend to be quiet.

- Is the site wheelchair accessible? Yes. Our offices at all campuses can be reached by elevator and some of our individual offices where counselling takes place are accessible by wheelchair. We can accommodate based on the student's accessibility needs on the day(s) that they would be on campus. We also have wheelchair accessible washroom at all of our locations. Please let me know if you have further questions around wheelchair accessibility.
- What are the physical demands of the practicum? We meet students either online or in person and also have weekly team meetings over Zoom. The intern will be required to sit for long periods of time and work on screen for significant parts of the day. Some of our offices have standing desks as well. If the student requires this, we can accommodate their needs.
- Are there any other accessibility considerations that potential applicants with disabilities should be aware of? None. Feel free to reach back out to us if there are other accessibility-related questions.

Students registered with University of Toronto Accessibility Services may receive appropriate accommodations for practicum settings. To register: <https://studentlife.utoronto.ca/department/accessibility-services/> or call 416-978-8060

If you are interested in this practicum, please send a cover letter and resume to miri.ben.dat@utoronto.ca by 4 pm on March 20, 2024. Applications will be forwarded on to the site.