

Cedar Centre, Adult Program
17705 Leslie St., Unit 12, Newmarket, Ontario, L3Y 3E3
Year 2 Practicum
September 2024 – April 2025

Practicum Description

Cedar Centre provides trauma-specific therapeutic services for individuals across the lifespan who have experienced interpersonal childhood trauma (sexual, emotional, physical abuse, and neglect).

Adult Program

Cedar Centre's Adult Program provides clinical therapeutic services for individuals 19+ who have experienced interpersonal childhood trauma before the age of 18. Practicum students will have the opportunity to provide short term support to participants who are on the waitlist for individual therapy,. Students also have the opportunity to participate in STAIR (Skills Training in Affect and Interpersonal Regulation) coaching with participants.

Student activities to develop social work competencies

Direct Service Delivery/Interventions/Working with Recipients of Service:

- Conduct intake/needs assessments
- Provide resource and referral information
- Hold responsibility for a defined caseload/case management
- Develop, promote, plan and/or (co)facilitate educational groups or workshops
- Develop and implement individual, family, or group interventions - assessment, implementation and evaluation of interventions
- Counsel (individuals, families, couples) - in office or in community
- Apply best practices as outlined by the organization

Interprofessional collaboration:

- Attend staff/administrative meetings
- Attend in-service events
- Consult and collaborate with professionals from other disciplines
- Advocate for the client system
- Participate, liaise and represent the agency at community meetings or plan of care meetings or task groups

Indirect Service Delivery:

- Evaluate social work interventions
- Prepare and maintain case notes, reports, statistics which meet the organization's accountability guidelines
- Collect and/or analyze data
- Contribute to research and other organizational initiatives

Practicum Requirements:

- Police Reference/Vulnerable Sector Check
- Comfort working with the population being served
- Other requirements: Trauma-informed and experience working with children/youth. Student to have understanding of the Tri-Phasic Model. Student to feel comfortable offering counselling/therapy and intake/assessments through teletherapy and video therapy. Once agency moves into in-person services, student to have flexibility being able to offer services in-person at the office.
- Preference given to BIPOC-identifying or LGBTQ2S/gender-diverse students.

This practicum is suitable for students in the Mental Health and Health field of study.

This is a mixed practicum and is offered as flexible/remote.

Does your practicum require any previous experience? If yes, please specify.

Previous experience working with clients in a counselling setting preferred due to the complex nature of our clinical environment.

Field Instructor: Mallory Nielsen, MSW, RSW

Accessibility Considerations:

- Will the student have access to a private space for notes or computer use? Yes
- Are there breaks between clients/patients/meetings? Yes
- Is the practicum considered fast-paced? Medium
- Is there a high noise level in the practicum? Low
- Is the site wheelchair accessible? Yes
- What are the physical demands of the practicum? None
- Are there any other accessibility considerations that potential applicants with disabilities should be aware of? n/a

Students registered with University of Toronto Accessibility Services may receive appropriate accommodations for practicum settings. To register: <https://studentlife.utoronto.ca/departments/accessibility-services/> or call 416-978-8060

If you are interested in this practicum, please send a cover letter and resume to miri.ben.dat@utoronto.ca by March 28, 2024. Applications will be forwarded on to the site.