

**The Borden Street Clinic**  
**57 Borden Street , Toronto , Ontario, M5S 2M8**

**Please provide a description of the practicum site and student activities:**

This practicum is designed for students who are interested in developing knowledge and skills in the treatment of trauma and addiction. It is based on my book *Treating Trauma and Addiction with the Felt Sense Polyvagal Model*, Routledge ,2021. As a student will be included in two of my trainings offered by the Polyvagal Institute, the Certificate Course <https://www.polyvagalinstitute.org/feltsensepolyvagalmode> and the Supervision Group. In addition you will attend a Women's trauma group that meets online weekly. Opportunity to see clients for individual therapy sessions, and participation in an online writers group is a possibility.

If you decide to stay for the six month courses that you are a part of at the polyvagal institute, (September to February) you will qualify for the certificate of completion for the PVI Certificate course, and a Proficiency in Focusing Award from the International Focusing Institute. This is not a requirement, but a beneficial option.

**Practicum Requirements. Click on all the boxes that apply.**

**Please add any additional requirements, if not listed.**

- ☒ Immunizations per PHA Guidelines
- ☐ N95 Respirator/Mask Fitting
- ☒ Covid Vaccinations
- ☒ Influenza Vaccination (Flu shot)
- ☒ Police Reference/Vulnerable Sector Check
- ☐ Driver's License
- ☐ Use of Own Car
- ☐ Travel by public transportation between home visits, or satellite offices, or community meetings, etc.
- ☒ Comfort working with the population being served
- ☐ Comprehensive report writing and documentation
- ☐ Lived experience/Current member of the community being served
- ☐ Evening attendance
- ☐ Weekend attendance

☐ Changing shift attendance

☐ Language (specify in field below)

Other requirements:

**Does your practicum require any previous experience? If yes, please specify.**

This practicum is a deep dive into the world of trauma and addiction from a somatic approach. Students should have some exposure to mindfulness, yoga, or other body-based practice, and feel ready to work with emotionally laden experience. That being said, we offer many opportunities to feel supported in the polyvagal/focusing community.

**Please indicate whether this practicum will be in-person, remote or hybrid.**

Mostly remote with some in person supervision.

**Please indicate whether this practicum will involve direct work or a mix of direct and indirect.**

Direct and indirect

**Number of placements offered by this practicum?**

one

**Field Instructor(s)' name and credentials (BSW and/or MSW)**

Jan Winhall M.S.W. P.I. F.O.T.

**When would you like to receive student applications?**

**This practicum is for September 2024.**

**Do you require a resume? Or resume and cover letter?**

Resume and cover letter

**Accessibility Considerations:**

- Will the student have access to a private space for notes or computer use? [Yes](#)
- Are there breaks between clients/patients/meetings? [Yes](#)
- Is the practicum considered fast-paced? [Yes](#)
- Is there a high noise level in the practicum? [No](#)
- Is the site wheelchair accessible? [No](#)
- What are the physical demands of the practicum? none
- Are there any other accessibility considerations that potential applicants with disabilities should be aware of? [Click or tap here to enter text.](#)

Students registered with University of Toronto Accessibility Services may receive appropriate accommodations for practicum settings. To register: <https://studentlife.utoronto.ca/departments/accessibility-services/> or call 416-978-8060

**If you are interested in this practicum, please send a cover letter and resume to [miri.ben.dat@utoronto.ca](mailto:miri.ben.dat@utoronto.ca) by March 21, 2024. Applications will be forwarded on to the site.**