

**Women's College Hospital, Women's Mental Health Department, Trauma Therapy Program, Women
Recovering from Abuse Program (WRAP)**

Year 1 Practicum

Dates: January 10- May 31, 2024

Please provide a description of the practicum site and student activities:

Practicum site: Women's College Hospital, Women's Mental Health Department, Trauma Therapy Program, Women Recovering from Abuse Program (WRAP).

<https://www.womenscollegehospital.ca/care-programs/mental-health/>

Program description: WRAP is an ongoing 8-week day treatment program offering group and individual therapy to women (cis and trans), non-binary and gender diverse folks who have experienced childhood trauma (physical, emotional and sexual abuse and neglect) and who suffer from mental health issues. This relational therapy program helps people develop new ways of engaging with others; managing difficult situations, understanding their feelings, thoughts and behaviours, developing and strengthening helping coping strategies. WRAP's clinical approach combines expressive, creative, interpersonal, cognitive behavioural, psycho-educational and body-oriented therapies to help promote and integrate recovery.

Student activities:

- Observe and move into a co-facilitation role in group therapy sessions
- Provide weekly individual therapy to 1-2 WRAP clients
- Participate in psychosocial intake assessments
- Documentation using electronic health record system
- Attend and participate in team supervision meetings and departmental/social work meetings
- Possibility to engage in program planning and research projects
- Complete suggested readings and familiarize self with community resources for discharge planning
- Attend mental health grand rounds and other learning opportunities within the hospital

Practicum Requirement:

- Immunizations per PHA Guidelines
- N95 Respirator/Mask Fitting
- Covid Vaccinations
- Influenza Vaccination (Flu shot)
- Police Reference/Vulnerable Sector Check
- Comfort working with the population being served
- Comprehensive report writing and documentation

Does your practicum require any previous experience? If yes, please specify.

An understanding of trauma-informed care is required. Previous experience with group or individual therapy is preferred, but not required.

Please indicate whether this practicum will be in-person, remote or hybrid.

Hybrid: In person on Wednesdays is mandatory.

Please indicate whether this practicum will involve direct work or a mix of direct and indirect.

Mix of direct and indirect

Field Instructor(s)' name and credentials (BSW and/or MSW)

Julie Blair, MSW, RSW and Lesley Hughes, MSW, RSW

Do you require a resume? Or resume and cover letter?

We require a resume and cover letter.

Accessibility Considerations:

- Will the student have access to a private space for notes or computer use? **Yes**
- Are there breaks between clients/patients/meetings? **Yes**
- Is the practicum considered fast-paced? **Fast**
- Is there a high noise level in the practicum? **Low**
- Is the site wheelchair accessible? **Yes**
- What are the physical demands of the practicum? **Sitting, typing**
- Are there any other accessibility considerations that potential applicants with disabilities should be aware of? **Masks are required onsite in patient waiting rooms and treatment areas.**

Students registered with University of Toronto Accessibility Services may receive appropriate accommodations for practicum settings. To register: <https://studentlife.utoronto.ca/department/accessibility-services/> or call 416-978-8060

If you are interested in this practicum, please send a cover letter and resume to miri.ben.dat@utoronto.ca by 4 pm on September 28th, 2023. Applications will be forwarded on to the site.