



**Thriving Family Co  
Virtual Group Practice**

Year 1 Practicum

Dates: January 10- May 31, 2024

**Please provide a description of the practicum site and student activities:**

Thriving Family Co. (previously Talkin' Families Ontario) is a virtual group practice established in Ontario serving families. We specialize in supporting mothers with perinatal mental health, infant and toddler sleep consultations, couples therapy for parents of young children, reparenting therapy and parenting coaching.

Student activities will include:

- Learning about the nuances of working with this specialized populations
- Opportunities to attend perinatal specific trainings
- Shadowing parenting and sleep coaching sessions, and psychotherapy if possible
- Supporting the organization with outreach planning
- Conducting intakes with potential clients to help them navigate our services and determine which are the best fit for their needs.
- Supporting the organization's growth in the online space through creating and editing social media content, writing of blogs
- Completing research related to any of the organization's specialty areas

**Practicum Requirements:**

- Police Reference/Vulnerable Sector Check
- Comfort working with the population being served
- Lived experience/Current member of the community being served - this would be wonderful, but is not a requirement

**Does your practicum require any previous experience? If yes, please specify.**

- Having some supportive counselling experience is wonderful to help with greater comfort working with this population.

**Please indicate whether this practicum will be in-person, remote or hybrid.**

REMOTE - with some in-person should we be running groups - these would likely be in Milton, ON or other parts of Halton or Peel Region to begin

**Please indicate whether this practicum will involve direct work or a mix of direct and indirect.**

This will be a mix of direct and indirect work

**Number of practicums offered?**

1

**Field Instructor(s)' name and credentials (BSW and/or MSW)**

Fahreen Jeshani BSc., BSW, MSW, RSW

**Do you require a resume? Or resume and cover letter?**

Yes resume and cover letter outlining why they would like this placement

**Accessibility Considerations:**

- Will the student have access to a private space for notes or computer use? Ideally, they would have this in their home/residence so they can ensure client confidentiality.
- Are there breaks between clients/patients/meetings? Yes, a schedule be personalized to their needs.
- Is the practicum considered fast-paced? Not especially but may be in our demand for services grow.
- Is there a high noise level in the practicum? No
- Is the site wheelchair accessible? N/A
- What are the physical demands of the practicum? None really
- Are there any other accessibility considerations that potential applicants with disabilities should be aware of?  
Thriving Family Co. is committed to being a neurodivergent affirming practicum site. The owner and clinical director is a BIPOC woman and is neurodivergent herself.

Students registered with University of Toronto Accessibility Services may receive appropriate accommodations for practicum settings. To register:

<https://studentlife.utoronto.ca/departments/accessibility-services/> or call 416-978-8060

**If you are interested in this practicum, please send a cover letter and resume to [miri.ben.dat@utoronto.ca](mailto:miri.ben.dat@utoronto.ca) by 4 pm on October 4, 2023. Applications will be forwarded on to the site.**