

**North York General Hospital**  
**Inpatient Adult Mental Health**  
Year 1 Practicum  
Dates: January 10- May 31, 2024

**Please provide a description of the practicum site and student activities:**

You will work on a 30-bed Adult (ages 18-60) Mental Health Unit at North York General Hospital. The population you would work with in inpatient mental health would include patients with severe psychiatric illness including schizophrenia, bipolar disorder, major depressive disorder, suicidal ideation and psychosis NYD. You will participate in multidisciplinary rounds, discharge planning, system navigation, resource counselling, crisis intervention, family support and support with groups. Students could be expected to work independently and carry their own caseload. You will be expected to create and implement a weekly group for patients on the unit. Examples of group themes would be coping strategies, emotional regulation, wellness/self care, goal setting, psychoeducation, mindfulness, substance abuse/addictions, problem-solving, anger management, and community integration.

**Goals of the practicum would include:**

- developing and implementing individual, family, or group interventions - assessment, implementation and evaluation of interventions
- crisis intervention skills
- strengthening understanding of community resources to aid in transition from hospital to community
- prepare and maintain case notes, reports, statistics which meet the organization's and college's accountability guidelines

**Practicum Requirements:**

- Immunizations per PHA Guidelines
- N95 Respirator/Mask Fitting
- Covid Vaccinations
- Influenza Vaccination (Flu shot)
- Police Reference/Vulnerable Sector Check
- Comfort working with the population being served
- Comprehensive report writing and documentation
- Other: A willingness and passion to work with individuals with severe mental illness.

**Does your practicum require any previous experience? If yes, please specify.**

This practicum would be enriched by individuals who have experience in the following areas:

- Working with individuals with severe mental illness

- Effectively leading and facilitating group sessions
- Demonstrating a working understanding of Cognitive Behavioural Therapy and Dialectical Behaviour Therapy
- Familiarity in navigating the intricacies of the Mental Health Act

**Please indicate whether this practicum will be in-person, remote or hybrid.**

This practicum would be a hybrid model. There would be expectations to be in person and to complete work remotely.

**Please indicate whether this practicum will involve direct work or a mix of direct and indirect.**

This practicum would involve a mix of both direct and indirect.

**Number of practicums offered? 1**

**Field Instructor(s) name and credentials (BSW and/or MSW) Steve Burden M.S.W, R.S.W**

**Do you require a resume? Or resume and cover letter?**

Yes, a resume and cover letter

**Accessibility Considerations:**

- Will the student have access to a private space for notes or computer use? No
- Are there breaks between clients/patients/meetings? Yes
- Is the practicum considered fast-paced? Fast
- Is there a high noise level in the practicum? High
- Is the site wheelchair accessible? Yes
- What are the physical demands of the practicum?  
Walking
- Are there any other accessibility considerations that potential applicants with disabilities should be aware of? This practicum will require someone who is able to work in a very fast paced environment with the ability to manage their time effectively

Students registered with University of Toronto Accessibility Services may receive appropriate accommodations for practicum settings. To register: <https://studentlife.utoronto.ca/department/accessibility-services/> or call 416-978-8060

**If you are interested in this practicum, please send a cover letter and resume to [miri.ben.dat@utoronto.ca](mailto:miri.ben.dat@utoronto.ca) by 4 pm on September 28, 2023. Applications will be forwarded on to the site.**