

My Conscious Mind – Non-Profit Mental Health Organization**Scarborough, Ontario****Year 2 Practicum****September 2023- April 2024****Practicum Description:**

My Conscious Mind (MCM): A Non-Profit Mental Health Organization for the BIPOC community.

At MCM, we foster psychological safety and empathy. We are committed to providing high quality, accessible and culturally responsive mental health treatment. We provide extensive training and supervision to MSW students. We have a unique training model that equips students with the skills and tools to provide psychotherapy. We offer training in a variety of modalities including Cognitive Behavioural Therapy, Dialectical Behavioural Therapy, Acceptance and Commitment Therapy, Trauma and Attachment Therapy, and Solution Focused Therapy. A simulation model is also integrated into training, keeping in line with social work best practices. We also pride ourselves in being a training clinic for the next generation of social workers. Therefore, we are committed to assisting students with the development of their social work identities.

Students will provide individual and group therapy, primarily to youth and young adults from the BIPOC community. Students will also be involved in program development and evaluation, workshops, outreach, and the development of partnerships.

This practicum is ideal for students who are interested in pursuing a career in psychotherapy.

Practicum Requirements:

Vulnerable Sector Check

Being a member of South Asian Communities is considered an asset

Does your practicum require any previous experience? If yes, please specify.

Direct clinical work and counselling experience is an asset.

Please indicate whether this practicum will be in-person, remote or hybrid.

Hybrid

Please indicate whether this practicum will involve direct work, indirect work or both.

Both- direct work with clients providing therapy and indirect involving program development/evaluation

This practicum is suited for students in the Mental Health and Health Field of Study.

If you are interested in this practicum, please send a cover letter and resume to alexi.sparaggis@utoronto.ca by **5 pm on March 29, 2023**.

Students registered with University of Toronto Accessibility Services may receive appropriate accommodations for practicum settings. To register: <https://studentlife.utoronto.ca/departments/accessibility-services/> or call 416-978-8060