

**Michael Garron Hospital – Withdrawal Management Services
Recovery Reimagined – Outpatient Substance Use Program
Year 2 Practicum
September 2023- April 2024**

Practicum Description:

Located at 985 Danforth Avenue, Recovery Reimagined offers a range of outpatient substance use recovery programs through Withdrawal Management Services. Open to all genders, programs include psychoeducational workshops, group therapy, and limited individual therapy. Rooted in compassion, courage, and self-determination, Recovery Reimagined works collaboratively within the spectrum of goal choices.

Student opportunities include co-facilitating open processing therapy groups, co-facilitating psychoeducational groups, engaging in individual therapy, developing content for groups, completing documentation, supporting with public outreach efforts, and assisting with client intake.

Requirements for this placement include:

- A strong interest in and/or experience working with people who use/used substances
- A strong interest in and/or experience facilitating groups
- Passion for engaging with social justice, trauma-informed practice, and anti-oppressive practice
- Comfort working with clients who are in crisis and/or under the influence of substances
- An understanding that there is a bidirectional relationship between substance use and trauma, and that substance use is a coping skill and survival mechanism
- Comfort working within a goal-inclusive recovery environment. Recovery Reimagined is fully supportive of clients who engage with the spectrum of goal choices (i.e., abstinence, moderation, harm reduction)
- Comfort building rapport and trust and engaging in direct and indirect practice with a client-led lens
- A commitment to self-reflexivity and humility when working with people who use drugs
- Ability to pivot between working in a small close-knit team and initiating self-led tasks and projects

Please note that this placement does not take place at the hospital and is located offsite at Withdrawal Management Services at Danforth and Donlands. There is opportunity to shadow and engage with the social worker within the Michael Garron Hospital Rapid Access Addiction Medicine (RAAM) Clinic. There is also opportunity to become involved in the residential program offered at Withdrawal Management Services.

Please visit our website for more details about program: www.tehn.ca/RecoveryReimagined.

Practicum Requirements:

- Vulnerable Sector Check
- Immunizations per PHA guidelines
- Covid Vaccinations
- Other requirements: Lived experience is valued, however not essential for application

Does your practicum require any previous experience? If yes, please specify.

No experience required. However, students in the practicum will be best equipped if entering the placement with group facilitation experience.

Please indicate whether this practicum will be in-person, remote or hybrid.

In person.

Please indicate whether this practicum will involve direct work, indirect work or both.

Predominantly direct work. Some opportunities for indirect work through program development, documentation, and program evaluation.

This practicum is suited for students in the Mental Health and Health field of study.

If you are interested in this practicum, please a resume with a cover letter or statement of interest to alexi.sparaggis@utoronto.ca by **5 pm on April 6, 2023**.

Students registered with University of Toronto Accessibility Services may receive appropriate accommodations for practicum settings. To register: <https://studentlife.utoronto.ca/departments/accessibility-services/> or call 416-978-8060