

**Sherbourne Health- Acute Respite Care (ARC) Program**

**September 2022-April 2023 Practicum**

Sherbourne's Acute Respite Care (ARC) Program, is a short-term health care unit offering 24/7 care for individuals (16+) who are homeless, under-housed and/or socially isolated who need a safe place to recuperate from an acute medical condition, illness, injury or surgery.

The ARC program works with diverse communities served by Sherbourne including, newcomers, LGBTQ2S+, and those with mental health issues, and/or substance use issues. The student will work collaboratively within an interdisciplinary team. They will work within the core competencies of Sherbourne, which are a set of behavioural expectations reflecting the values and mission of Sherbourne Health Centre that apply to all staff.

**This practicum will be in-person only. Weekdays 8:30-4:30.**

**Agency Requirements:**

- Vulnerable Sector Police Check
- Covid vaccinations (3 total)
- N95 respirator/mask fitting
- Immunization for PHA Setting
- Comfort working with the population being served

**Summary Description:**

The practicum student will be responsible for providing direct care including crisis intervention, case management/discharge planning support and short-term counselling to clients while they are staying in ARC.

The student works within a harm reduction/trauma informed care framework and understands the impact of the broader social determinants of health on people's ability to attend to their health and well-being. The student integrates their understanding of the intersectionality between mental health and substance use issues, trauma and violence, settlement, homelessness, poverty, emotional distress related to family or relationship issues, loss, coming out, and transitioning.

**Responsibilities and Tasks:**

**Clinical Practice:**

- Provides holistic assessment and support to clients in ARC.

- Collaborates with clients and care team to create treatment plans.
- Links to and coordinates required services for clients such as community supports, housing, welfare, legal or other social or health services and advocates on their behalf where needed.
- Engages in a multidisciplinary team:
  - Participates in regular client conferences.
  - Engages in discussion of possible resolutions to client care issues.
- Works with clients to diminish social isolation and promote participation in community networks and activities.
- Provides clients with opportunities to evaluate their progress and make choices regarding treatment alternatives.
- Develops, delivers and evaluates groups or workshops in partnership with other staff.
- Communicates effectively with other team members/caregivers to ensure optimum care within the boundaries of confidentiality and appropriate disclosure.

**Professional Practice:**

- Ensures that required documentation is available on the client's health record in a timely manner that meets professional standards of practice.
- Performs administrative tasks as related to the position, such as time management, scheduling, and documentation
- Completes forms, reports, and statistics as required by professional guidelines and Centre policies.
- Participates actively in Sherbourne meetings, committees, special events, etc as required.

**This practicum is for students in the Mental Health and Health stream and Social Justice and Diversity.**

If you are interested in this practicum, please send a resume to Interim Practicum Coordinator, Alexi Sparaggis [alex.sparaggis@utoronto.ca](mailto:alex.sparaggis@utoronto.ca) by **5 pm April 19, 2022**. Applications will be forwarded on to the site.

Students registered with University of Toronto Accessibility Services may receive appropriate accommodations for practicum settings. To register:

<https://studentlife.utoronto.ca/departments/accessibility-services/> or call 416-978-8060