



Sheridan College
Counselling Centre, Centre for Student Success
1430 Trafalgar Road, Oakville, Ontario, L6H 2L1

Description of Agency

Sheridan College was founded in 1967, Sheridan has grown from a local college of 400 students, to one of Ontario's leading postsecondary institutions, educating approximately 24,500 full-time and 18,500 continuing and part-time studies students every year on three campuses in three Ontario cities — Oakville, Brampton, and Mississauga.

An award-winning institution, Sheridan attracts students from across Canada and around the world. Sheridan's 190,000+ alumni play a critical role in shaping the future of our society in the fields of arts, business, community service, health, technology, and the skilled trades.

The department of Wellness and Counselling is housed within the unit of Student Affairs. Counselling Services are available to help students build solutions to your own personal, emotional, or interpersonal concerns that may impact a student's academic success.

Practicum Summary

Campus Counselling provides supports and resources to students, staff, and faculty with the aim of enhancing and promoting student mental health and well-being. Working collaboratively with students to develop insights, identify strengths, and enhance personal resilience, the role of the Student Counsellor is focused on supporting students to achieve personal and academic goals, resolve challenges and live healthier lives. Providing a continuum of preventative, developmental, remedial and crisis intervention services. The Student Counsellor works to actively connect students to on/off campus resources and plays a key role in collaborating with staff and faculty to support the ability of Sheridan students to flourish.

Student Responsibilities

- Supporting the mental health and well-being of students in person and virtually, through the use of brief solution focused techniques to address issues such as depression, anxiety, substance abuse, stress, trauma, low self-esteem, grief, isolation, relationships, and other mental health related issues.
- Observing and Providing counselling services for students in accordance with, and within, a feminist, anti-oppressive, and decolonizing framework.
- Supporting the delivery of groups, workshops, and psycho-educational lectures for Students.
- Providing crisis intervention, suicide assessments, safety planning and referrals to “at risk” students.
- Working as a productive member of a multidisciplinary team; representing the department on committees and working groups within Student Affairs and the broader Sheridan community;
- Participating in the evaluation of services and research initiatives within Student Affairs.

Qualifications

- Critically reflective practitioner who thrives working alongside students.
- Have a passion for fostering a sense of belonging, respect, and equity for all members of our community, to educate and to amplify marginalized voices.
- Agility with an ability to respond to change, adapt and seek improvements while applying principles of creative problem solving to support each student's unique needs appropriately and effectively.
- Demonstrate a student/client centered nature through the passion in your practice in working collaboratively with students to enhance and promote their mental health and well-being while assisting them in the achievement of personal and academic goals.

Field of Study: Mental Health and Health

Flexible: in person and/or remote as appropriate

Mix of Direct and Indirect

Sheridan College recognizes that a diverse workforce is essential to deliver equitable and culturally effective care to diverse populations. encourages applications from candidates who are representative of the diverse youth across the province, including candidates who are Indigenous, Black, People of Colour, 2SLGBTQ+, people with disabilities, people with lived experience of mental health and addictions challenges, and people who are neurodiverse. Sheridan College encourages applications from candidates with a strong background in Anti-Oppressive and Anti-Racist practice.

Application Deadline: June 14th, 2021

If you are interested in this practicum, send your cover letter and resume to Gabrielle Pitt, Practicum Coordinator at gabrielle.pitt@utoronto.ca

Students registered with University of Toronto Accessibility Services may receive appropriate accommodations for practicum settings.

To register: <http://www.studentlife.utoronto.ca/as> 455 Spadina Ave., Suite 400; 416-978-8060