



Talk it Out Online Counseling Clinic at U of T (Remote) Practicum II Opportunity (September 15, 2021 start)

The Talk it Out Online Counseling Clinic at U of T provides online and telephone counselling to respond to the mental health needs of Black and lower income communities across the GTA. We have specific partnerships with services within the Jane and Finch, Scarborough, and Parkdale/Queen West communities.

Students will be offered the opportunity to gain direct practice experience with clients and community partners, and indirect practice experience with mental health service development. Students receive a comprehensive training and orientation package that is tailored to complement and synthesize the course materials taught within the Social Work curriculum.

In this practicum you will gain the following experience:

- Provide assessment and counseling services to our target communities
- Gain a fundamental understanding of telemental health and e-social work
- Learn advanced social work skills, including biopsychosocial-cultural-spiritual assessment, counselling, and case management.
- Practice social work skills through simulation learning
- Comprehensive training on suicide prevention and intervention.
- Have an opportunity to interact and learn from **community organizations** in the GTA.
- In-depth understanding of racial distress trauma and trauma-informed/centred practice.
- Develop a critical reflection on Anti-Black Racism, culturally responsive practice and cultural humility care.

Agency Requirements to be met before practicum commences:

- Vulnerable Sector and Police Check
- Previous experience in counseling or distress centers preferred.
- Experience in direct practice in mental health, as well as working with our target populations (Black and Racialized community and low-income communities) is an asset.

If interested in this opportunity:

Submit cover letter and resume to Gabrielle Pitt at <u>Gabrielle.Pitt@utoronto.ca</u> by June 4, 2021. Interviews will take place on the week of June 7, 2021. For more information please visit the agency's website: <u>https://talkitoutto.ca</u>

This practicum is for students in the Mental Health and Health or Social Justice and Diversity fields of study and those interested in Direct Practice.