
E-LEARNING GUIDE: WORKING WITH YOUTH

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Training Hours: 7 hours, 15 minutes

Reflection Hours: 5 trainings x 30 mins reflection= 2.5 hours

Cumulative Hours: 9 hours, 45 minutes

YOUTH AND MENTAL HEALTH 101

Description	This CAMH tutorial provides a general overview of mental health challenges faced by youth, including an overview of the mental health continuum, trauma and building resilience. There is a quiz at the end.
Website	https://moodle8.camhx.ca/moodle/course/view.php?id=13
Provider	CAMH
Time to complete training/ webinar	45 minutes
Certification (Y/N)	Yes (You will receive a badge if you create an account)
Suggested Learning Reflection Prompts	-How can you start a conversation about mental health with a youth client? -What questions do you still have?
Other information	N/A

TRAINING ON HUMAN TRAFFICKING FOR PROFESSIONALS WORKING WITH CHILDREN

Description	<p>Specifically designed for professionals working with children in trafficking situations. Includes 4 eLearning modules and additional resources.</p> <p>Modules include: Defining human trafficking, General signs of recruitment, strategies and barriers for identifying victims, Best practice guidelines for services, Trauma Informed care and interview tips, Human trafficking regulations in Canada and referral resources.</p>
Website	https://training.helpingtraffickedpersons.org/
Provider	Online Training initiative to Address Human Trafficking
Time to complete training/ webinar	3 hours
Certification (Y/N)	No
Suggested Learning Reflection Prompts	<p>-What are the signs of recruitment?</p> <p>-What are the barriers to working with youth involved in human trafficking?</p>
Other information	To access the training, you will have to make an account

YOUTH AND TECHNOLOGY

Description	This CAMH tutorial provides basic information on a number of topics related to technology used by youth including background information on online gaming and internet use, healthy vs unhealthy involvement and signs of problems.
Website	http://www.camhx.ca/education/online_courses/mha101/youth_andtechnology/Youth_and_Technology_.htm
Provider	CAMH
Time to complete training/ webinar	30 mins
Certification (Y/N)	No (however there is a quiz at the end)
Suggested Learning Reflection Prompts	-How do you define unhealth involvement with technology? -Given COVID-19 and working in a virtual world, how to do you think youth are impacted by problem use of technology?
Other information	N/A

NAVIGATING THE YOUTH CRIMINAL JUSTICE AND MENTAL HEALTH SYSTEMS

Description	<p>This webinar will provide an overview of important legislation and key justice-related terminology that impact youth with mental health and addictions issues. There will be a focus on walking service providers through the pathways from the justice system to the mental health system for youth and the key issues affecting youth with lived experience of mental health and addictions who come into contact with the law.</p> <p>(Please note this webinar was presented in 2015, prior to the implementation of the CYFSA)</p>
Website	https://www.youtube.com/watch?v=PHwfHUaSW0s&feature=youtu.be
Provider	CMHA (via YouTube)
Time to complete training/ webinar	1.5 hrs
Certification (Y/N)	No
Suggested Learning Reflection Prompts	<p>-What are the key issues youth face while in contact with the law?</p> <p>-CYFSA was implemented in 2015, research the legislation and see how you can apply the information from the webinar to the new framework</p> <p>(https://www.ipc.on.ca/part-x-cyfsa/introduction/overview-of-the-cyfsa/)</p>
Other information	N/A

ENGAGING FAMILIES IN AFFIRMING TRAUMA-INFORMED CARE FOR LGBTQ CHILDREN AND YOUTH

Description	Research has shown that LGBTQ youth who have family support have better outcomes through their youth and into adulthood. This is especially relevant for LGBTQ youth who have experienced trauma and may face ongoing safety concerns related to their identities. This webinar will outline techniques for engaging families in affirming treatment and care of their LGBTQ youth, including a review of strategies used within the Family Acceptance Project (FAP) with founder Caitlin Ryan. FAP, a research-based prevention and intervention initiative, uses a culturally grounded framework to help diverse families support their LGBTQ children with decreasing health and mental health risks and promoting well-being. Practitioners will examine ways to engage in cultural humility and understanding when engaging families and youth in trauma treatment.
Website	https://learn.nctsn.org/course/view.php?id=530
Provider	The National Traumatic Stress Network
Time to complete training/ webinar	90 mins
Certification (Y/N)	Yes (after completing the quiz)
Suggested Learning Reflection Prompts	<ul style="list-style-type: none"> -How might you use elements of the FAP in your work with LGBTQ youth? -How can you examine your cultural humility? -What are some questions you still have?
Other information	To access the training, you will have to make an account

ADDITIONAL RESOURCES

Let's Talk: Developing Effective Communication for Child Victims of Abuse and Human Trafficking

https://childhub.org/en/system/tdf/library/attachments/unicef_handbook_lets_talk_5.pdf?file=1&type=node&id=17269