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# E-LEARNING GUIDE: WORKING WITH THE LGBTQ+ COMMUNITY

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Training Hours: 2 hours, 45 minutes

Reflection Hours: 7 trainings x 30 mins reflection= 3.5 hours

Cumulative Hours: 10 hours, 15 minutes

## CREATING TRANS-AFFIRMING SOCIAL WORK FIELD PLACEMENTS

Description	<p>This training is divided into two parts;</p> <p>Trans Identity 101: key concepts of gender identity, gender pronoun usage and intersecting identities will be explored. Ethical considerations will be discussed.</p> <p>Working with Trans Identified Social Work Student Interns: participants will explore components of supervising trans identified student interns. Although geared towards field instructors, content is applicable to students.</p>
Website	<a href="https://sswevents.unc.edu/online/field-edu">https://sswevents.unc.edu/online/field-edu</a>
Provider	UNC School of Social Work
Time to complete training/ webinar	2 hours (1 hr per part)
Certification (Y/N)	Yes
Suggested Learning Reflection Prompts	<p>-How can you apply the key concepts to your practicum?</p> <p>-How can you further your allyship work to Trans identified students?</p>
Other information	<p>You will need to create a username and password to access the material.</p> <p>After it's created; click on <i>Online Courses</i> then <i>Field Education</i></p>

## SUPPORTING TRANS YOUTH WELLBEING WEBINAR

Description	Dr. Saewyc (Stigma and Resilience Among Vulnerable Youth Centre) provides an overview of the key findings from the Trans Youth Health Survey. Additionally, Jay Jonah (MSW Student, York University) shares an overview of the YouthREX report, <i>Trans Youth and the Right to Access Public Washrooms</i> . This report provides practical recommendations for youth programs and organizations.
Website	<a href="https://youthrex.com/webinar/webinar-supporting-trans-youth-wellbeing/">https://youthrex.com/webinar/webinar-supporting-trans-youth-wellbeing/</a>
Provider	YouthREX
Time to complete training/ webinar	1 hr 15 min
Certification (Y/N)	No
Suggested Learning Reflection Prompts	<p>-How can you apply the research findings to your practicum/ future social work career?</p> <p>-What kinds of emotions came up for you while watching the webinar?</p> <p>-How can you further your allyship work to Trans and LGBTQ+ youth?</p>
Other information	N/A

## ENGAGING FAMILIES IN AFFIRMING TRAUMA-INFORMED CARE FOR LGBTQ CHILDREN AND YOUTH

Description	Research has shown that LGBTQ youth who have family support have better outcomes through their youth and into adulthood. This is especially relevant for LGBTQ youth who have experienced trauma and may face ongoing safety concerns related to their identities. This webinar will outline techniques for engaging families in affirming treatment and care of their LGBTQ youth, including a review of strategies used within the Family Acceptance Project (FAP) with founder Caitlin Ryan. FAP, a research-based prevention and intervention initiative, uses a culturally grounded framework to help diverse families support their LGBTQ children with decreasing health and mental health risks and promoting well-being. Practitioners will examine ways to engage in cultural humility and understanding when engaging families and youth in trauma treatment.
Website	<a href="https://learn.nctsn.org/course/view.php?id=530">https://learn.nctsn.org/course/view.php?id=530</a>
Provider	The National Traumatic Stress Network
Time to complete training/webinar	90 mins
Certification (Y/N)	Yes (after completing the quiz)
Suggested Learning Reflection Prompts	-How might you use elements of the FAP in your work with LGBTQ youth? -How can you examine your cultural humility? -What are some questions you still have?
Other information	To access the training, you will have to make an account

## SOCIAL DETERMINANTS OF HEALTH FOR LGBTQIA+ PEOPLE: PART 1

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Description	Dr. Sean Cahill discusses social determinants of health for sexual and gender minorities. This session addresses current stressors and solutions to health inequities for LGBTQIA+ people, including the implications of COVID-19 for the community.
Website	<a href="https://www.lgbthealtheducation.org/courses/social-determinants-of-health-for-lgbtqia-people-part-1/">https://www.lgbthealtheducation.org/courses/social-determinants-of-health-for-lgbtqia-people-part-1/</a>
Provider	National LGBTQIA+ Health Education Center
Time to complete training/ webinar	1 hour
Certification (Y/N)	No
Suggested Learning Reflection Prompts	<p>-What are the social determinants of health?</p> <p>-How do the social determinants of health impact LGBTQ+ people?</p> <p>-How is this webinar relevant to your current social work learning/ practicum?</p>
Other information	To access the webinar, you will have to make an account

## SOCIAL DETERMINANTS OF HEALTH FOR LGBTQIA+ PEOPLE – PART 2

Description	In this second installment focused on social determinants of health for LGBTQIA+ people, Adrianna Boulin, the Community Outreach & Engagement Manager for Fenway Health discusses how community-based resources can help to mitigate the effects of stigma and marginalization for sexual and gender minority people. This webinar compliments Part 1 by providing actionable solutions to many of the inequities faced by LGBTQIA+ people.
Website	<a href="https://www.lgbthealtheducation.org/courses/social-determinants-of-health-for-lgbtqia-people-part-2/">https://www.lgbthealtheducation.org/courses/social-determinants-of-health-for-lgbtqia-people-part-2/</a>
Provider	National LGBTQIA+ Health Education Center
Time to complete training/ webinar	1 hour
Certification (Y/N)	No
Suggested Learning Reflection Prompts	<p>-What are your main takeaways from this learning?</p> <p>-How can you incorporate this learning into your practicum/ social work practice</p> <p>-What actions can you take to work towards solutions for the inequities faced by LGBT+ people</p>
Other information	To access the webinar, you will have to make an account

## IMPLICIT AND PROVIDER BIAS

Description	In this talk from the 2020 <i>Advancing Excellence in Sexual and Gender Minority Health Conference</i> , Cei Lambert defines implicit bias, guides learners through acknowledging their own biases, describes common biases experienced by gender diverse people, and provides tips for self-care in the context of bias.
Website	<a href="https://www.lgbtqihealtheducation.org/courses/implicit-and-provider-bias-2020/">https://www.lgbtqihealtheducation.org/courses/implicit-and-provider-bias-2020/</a>
Provider	National LGBTQIA+ Health Education Center
Time to complete training/ webinar	1 hour
Certification (Y/N)	No
Suggested Learning Reflection Prompts	<ul style="list-style-type: none"> <li>-Take some time to reflect, what are some of the biases you have?</li> <li>-How have they come into play in your practicum/ previous experience?</li> <li>-What are some ways you can incorporate self-care into your life in the context of bias?</li> </ul>
Other information	To access the webinar, you will have to make an account

## TRAUMA-INFORMED CARE FOR TRANSGENDER AND GENDER-DIVERSE PEOPLE

Description	In this talk from the 2020 <i>Advancing Excellence in Sexual and Gender Minority Health Conference</i> , Dr. Jennifer Potter discusses how traumatic experiences can interfere with the formation of therapeutic patient-provider relationships and describes how a universal trauma-informed approach can enhance engagement of transgender and gender-diverse patients care. Some of the information is more specific to medical providers.
Website	<a href="https://www.lgbthealtheducation.org/courses/trauma-informed-care-for-transgender-and-gender-diverse-people-2020/">https://www.lgbthealtheducation.org/courses/trauma-informed-care-for-transgender-and-gender-diverse-people-2020/</a>
Provider	National LGBTQIA+ Health Education Center
Time to complete training/webinar	1 hour
Certification (Y/N)	No
Suggested Learning Reflection Prompts	-What does it mean to take a trauma-informed approach with your clients/future clients? -What are the barriers to incorporating trauma-informed approaches in all community agencies? -What are some questions you still have?
Other information	To access the webinar, you will have to make an account



## ADDITIONAL RESOURCES

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**National LGBTQIA+ Health Education Centre**

<https://www.lgbthealtheducation.org>

***Sexual & Gender Diversity Office, University of Toronto***

<https://sqdo.utoronto.ca/>

***Lesbian, Gay, Bisexual & Transgender (LGBT), National Association of Social Workers***

<https://www.socialworkers.org/Practice/LGBT>