



**Family Service Toronto
Counselling Service Program
Practicum Opportunity: September 2019-April 2020**

Family Service Toronto (FST) helps people who face a wide variety of life challenges. FST assists families and individuals through counselling, community development, advocacy and public education programs. For more information, please check out their website:

<https://familyservicetoronto.org/>

Our Counselling Service provides counselling and psychotherapy support services to adult individuals and couples. The counselling team uses a variety of tools and approaches including but not limited to Cognitive Behavior Therapy, EMDR, Sensory Motor, Trauma Informed Therapy, narrative therapy and Emotional Focussed Therapy.

Practicum Requirement:

- Vulnerable Sector Police Check

If you are interested in this practicum opportunity, please review the information (on pages 2-4).

And complete the online application: <https://familyservicetoronto.org/get-involved/student-placements/student-placement-application-form/>

Submit your application by April 10, 2020. Please notify the Practicum Office practicum.fsw@utoronto.ca that you have applied. This practicum will be posted until it is filled.

Students in the Children and Families and Mental Health and Health fields can apply to this practicum.

Students registered with University of Toronto Accessibility Services may receive appropriate accommodations for practicum settings. To register: <http://www.studentlife.utoronto.ca/as>
455 Spadina Ave., Suite 400; 416-978-8060

Position Summary

To provide counselling and psychotherapy support services to individuals and couples. Clients also come from ethnically and culturally diverse communities.

Benefits to the student include:

- Opportunity to gain clinical experience, skills and knowledge in counselling through collaboration with a clinical team
- Opportunity to develop knowledge of community resources and clinical resource materials
- Gain clinical experience with diverse clients and issues
- References may be provided upon successful completion of the student commitment

Level of Risk: High (opportunity to be alone with or exert influence over vulnerable people)

Core Responsibilities

- Offer brief and longer-term counselling services, including conducting initial assessments, regular counselling sessions, providing information and referrals and facilitating termination with clients; also includes group programs
- Complete clinical documentation including assessment summaries, session notes, closing summaries and communication records, in a timely manner, using a computer database program
- Work collaboratively with other members of the clinical team, including staff, students and volunteers through informal case consultation and attending monthly clinical team meetings
- Meet regularly with clinical supervisor to review clinical work and pursue learning goals
- Participate in student training and clinical skill-building activities to determine readiness for and to enhance your own independent counselling practice. Activities include jobshadowing, role-playing exercises, presentations, meet-ups, and to complete relevant reading or view training videos to determine readiness for independent counselling practice.

Students must possess:

- Advanced graduate level student enrolled in one of the following: MSW, MA Counselling Psychology, M.Ed. Counselling Psychology, M.Psy. Counselling, or Bridging Program for Internationally trained social workers or mental health professionals

- Demonstrated commitment to practicing within an anti-racist and anti-oppression, trauma informed framework
- Ability to work with marginalized persons from a client-directed, empowering, and strengths-based approach
- A strong interest and some experience working in a social service and/or clinical and/or counselling capacity
- Ability to maintain boundaries with clients and provide time-limited counselling services
- Excellent oral communication skills in English and good writing abilities.

Skills that would be an asset:

- Clinical knowledge and skills in at least one counselling modality, interventions or other practice-based clinical interventions
- Knowledge of trauma-informed counselling and case management practices
- Ability to empathize and maintain mindful awareness of one's own internal experience while conducting therapy
- Familiarity with community resources in the City of Toronto
- Fluency in another language in addition to English would be an asset

FST conducts Criminal Record and Vulnerable Sector Checks for successful applicants for this position.

Time Commitment

- 2-3 days/week, (450-500 hours) - September start date

Location

- 355 Church St, Toronto, Canada M5B 0B2

Additional Information:

- This is an unpaid practicum opportunity - Student may have the opportunity to participate in and provide single-session counselling to individuals and couples through the FST Walk-In Clinic. Students are only considered for this opportunity after they have spent time and have shown readiness within their primary practicum role.

FST is committed to a policy of equity and inclusion. In accordance with the Ontario Human Rights Code, Accessibility for Ontarians with Disabilities Act, 2005 and FST's Access and Equity policy, accommodation will be provided in all parts of the recruitment process. Applicants need to make their needs known in advance.

We thank all applicants and will contact the individuals selected for an interview.