Alumni Mentoring Program

Easing the transition from MSW student to professional

Frequently Asked Questions

What is the Mentoring Program?
The Mentoring program matches graduating Masters of Social Work students with Social Work professionals working in the field. Mentors volunteer their experience to help with your job strategies later.

What might mentors provide?
- Support and encouragement
- Resume and cover letter assistance
- Help with interview skills
- Networking with other professionals
- Help with employment search skills

How are mentors selected?
Alumni mentors volunteer their time and skills to give back to graduating MSW students. Mentors come from all areas of practice and have experience in many different areas of the Social Work field.

“Mentoring and relationship-building are vital to personal and professional development.”

– 2019 Alumni Mentor
How are matches created?
The Mentoring Program carefully matches each mentee with a mentor, based on similar area of interest and select client population among other relevant criteria.

How/When do I begin my match?
You will be notified about your match by early January. The mentee is responsible for making the initial contact with your mentor and choosing how best to proceed with your match. The mentoring relationship will be what you make of it. The more effort you put in, the more beneficial it will be for you.

How long do matches last?
The program runs from January until the end of May. Some connections may continue with mutual agreement. We encourage you to discuss this with your mentor.

What is the cost?
The Factor-Inwentash Faculty of Social Work and Alumni Association fund the majority of the costs associated with the Alumni Mentoring Program. Students are asked to share costs by paying a $15 non-refundable administrative fee (payable to the University of Toronto).

No one will be denied access to the program due to economic constraints. Please contact the coordinator for more information about accommodation.

What if I have questions about the Program or match?
The Alumni Mentoring Coordinator will be more than happy to speak to you regarding the program or your match. The program coordinator may be reached via email: valerie.groysman@utoronto.ca

Mentoring Program 101
- Use the mentoring program to make a contact and build a relationship with MSW alumni.
- $15 program fee.
- Enjoy the support and encouragement, resume and cover letter assistance, networking with other professionals and help with interview skills as provided by your mentor.

“…I found mentoring program very helpful. It allowed me to... receive support, encouragement and guidance …and it made me feel that I’m ready for social work career after I finish the MSW program soon”

- 2019 MSW Student Mentee

Sponsored by
Factor-Inwentash Faculty of Social Work & Alumni Association

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