

# Alumni Mentoring Program

## *Easing the transition from MSW student to professional*



### What is the Mentoring Program?

The Mentoring program matches graduating MSW students with Social Work professionals working in the field. Mentors volunteer their experience to help students with their employment strategies.

### What might mentors provide?

- Support and encouragement
- Resume and cover letter assistance
- Help with interview skills
- Networking with other professionals
- Help with employment search skills

### How are mentors selected?

Alumni mentors volunteer their time and skills to give back to graduating MSW students. Mentors come from all areas of practice and have experience in many different areas of the Social Work field.

*"I find helping initiate new professionals into Social Work and helping them develop confidence as they launch their careers highly rewarding." -2014 Alumni Mentor*

### How are matches created?

The Mentoring Program carefully matches each mentee with a mentor based on similar areas of interest, selected client population, location, and other relevant criteria.

### How/When do I begin my match?

Participants are notified about the match by early January. The mentee is responsible for making the initial contact with the mentor and choosing how to best proceed. The mentoring relationship will be what you make of it. The more effort you put in, the more beneficial it will be for you.

## How long do matches last?

The program runs from January until the end of May. Some connections may continue with mutual agreement. We encourage you to discuss this with the person you are matched with.

## What is the cost?

The Factor-Inwentash Faculty of Social Work and Alumni Association fund the majority of the costs associated with the Alumni Mentoring Program. MSW students are asked to share costs by paying a \$15 non-refundable administrative fee payable to the University of Toronto.\*

*\*No one will be denied access to the program due to economic constraints. Please contact the coordinator for more information about accommodation.*

## What if I have questions about the Program or match?

The Alumni Mentoring Coordinator will be more than happy to speak to you regarding the program or your match. The program coordinator may be reached via email: [reshma.dhrodia@utoronto.ca](mailto:reshma.dhrodia@utoronto.ca)

### Mentoring Program 101

- The Program connects and builds relationships between graduating MSW students and alumni.
- MSW students enjoy support and encouragement; resume, cover letter and interview skills assistance; and networking opportunities.
- There is a \$15 non-refundable program fee. Accommodations may be requested by contacting the Program Coordinator.



*"Wonderful program - I am so thankful for this opportunity." -2014 MSW Student Mentee*

**Sponsored by the Factor-Inwentash Faculty of Social Work & Alumni Association**

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